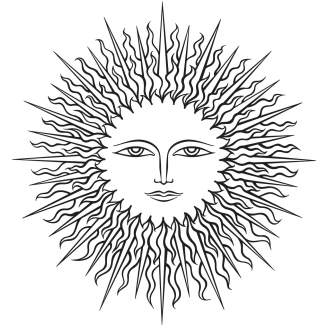


## SCHOOL OF HOMEOPATHY



### Proving: Oak Galls (*Andricus quercuscalicis*)

**Date: October 1998**

By Misha Norland.



*The morbid growth produced on the cupules of *Quercus pendunculata* by the larvae of the wasp *Cynips calicis*. The proving was conducted in Moravia in July 1998 at a seminar given by Misha Norland*

#### Acknowledgments

Thanks and acknowledgments go to all the provers who participated willingly and accidentally.

Thanks also to Peter Fraser for collating the data and preparing it for publication.

#### Introduction

Introductory comments by Misha Norland

Sometimes it happens that a proving is undertaken simply because the substance is there! This is how it was with Knopper Oak Galls: they were literally under my feet. One day in late October the old oak trees along the lane by our house began to drop them in place of their usual crop of acorns. The trees

had been previously stressed: for the first time in countless years the adjacent pasture had been ploughed up and planted with potatoes. One third of the Oak's roots had been cut away. Could this have been the reason they had become susceptible to the Gall wasp? These parasitic insects lay their eggs in the tissues of the cupules which, as they hatch out into larvae, stimulate the oak into producing a gall where an acorn would have been. These Galls are sticky and smell oddly sweet and rancid. They are extraordinary to behold: a ridged and horned hood of smooth green wood. They have a depression at their centre through which the wasp larva will eat its exit in order to pupate.

I gathered the galls and pounded a couple in a pestle and mortar adding one third absolute alcohol. This maceration was put into a vial and posted to the Hellos Pharmacy who ran it up into 30th centesimal potency.

Other proving projects intervened and the potentized galls lay in my drawer awaiting 'their turn'. This 'turn' arrived when I was invited to teach my third seminar in the Czech Republic. This was a seven day event held in conjunction with two other teachers. We agreed to invite the seminar participants to join us in a closely monitored proving during the course of the week. We contracted that we would proceed only if everyone was in agreement because even those who chose not to take the potency (yet were susceptible) could be affected by the influence of the proving group. This contract was unanimously accepted. Our first impressions were gathered ten minutes after 35-40 volunteers, Czech and Slovak doctors of both sexes took one of the pills. The remaining 150 abstained. No one knew what it was that they were taking. The comments then, and on all subsequent days were spoken into the PA system for the benefit of all participants and simultaneously translated into English for our benefit. I was thus able to write down everything that was said. A number of written accounts were also presented and subsequently translated - they are included.

I imagined that the proving would represent something of the struggle of the mighty Oak against the wasp's invasion: a struggle against the 'disease' of its mechanism of survival: the Oak's seeds vs. the wasp's larvae. As it turned out this was partially the case. This proving demonstrated to me the weakness of making assumptions: the theme which emerged seemed to have much relating to the wasp and its larvae and less relating to the Oak than I had expected. (This reminds me of *Drosera* which has a great relationship with the flies, deceived into landing upon the leaves' digestive hairs.) It demonstrated that ascertaining a connection between the substance and its medicinal action (revealed through a rigorous proving) is an undertaking which should be carried out only when one is in possession of many relevant facts. It is most reliable when a part of this armamentarium of facts be a number of cured cases.

In the case of Oak Gall one prover experienced a miraculous, although short lived amelioration of both physical and psychical symptoms. I shall write a brief account of the bare bones of this case:

Prover X seemed to be the only unreservedly happy person during the week of the seminar, for as the days progressed a growing sense of homesickness and a feeling of not belonging, of exclusion, inexplicably pervaded many of us. Prover X, who customarily felt excluded, began to feel increasingly confident, even cherished. She has been a lifelong eczema sufferer, feeling disfigured by it, ugly and undesirable. She often feels she is the most repulsive person, that no one could possibly find her acceptable. During the seminar these feelings abated, her skin cleared up, and she was approached by a man who revealed his attraction for her! After the proving her condition gradually deteriorated and she naturally enough requested that I send her another dose. This I did and she took it, yet with little therapeutic effect.

Prior to leaving the seminar she had had a consultation with me. I suggested, given her skin amelioration by very hot bathing, and her feeling of having been damned by God (she is of Catholic faith), that Radium Bromatum should be considered if and when a repetition of Oak gall failed to relieve. This subsequently proved to be helpful. From this case we learn that there may be a 'follows well' relationship between the two remedies, and one learns something of the symptomatology of Oak Gall: severe skin symptoms, as is common to all tree remedies, and a sense of self disgust, which is best known in *Thuja occidentalis* and comes out, more or less, in all other tree provings that I am aware of.

#### The Substance by Peter Fraser

Galls are morbid growths found on various parts of plants. They are caused by the presence of parasitic insects. There is no certainty whether they are caused by the biochemical action of enzymes secreted by the insect or by the biomechanical irritation of the insects movement. It is most likely that the galls are a result of a combination of the two. Some galls are fairly amorphous but others have a consistent, and often unusual, shape which may involve horns, hairs or ridges.

The most notable galls are those created by various species of wasp and found on trees, particularly oak trees. The wasps of the Cynipidae have an unusual life cycle in that alternate generations take two, often very different forms. One generation, the one that lives through the summer months, consists of both males and females and reproduces sexually. The male is winged and flies away to fertilize other females.

However, the females of many species are wingless and noted for their indolence, therefore the spread of a species can be very slow. The alternate generation which develops through the winter and hatches in the spring is entirely female and reproduces asexually. Its form may be quite different from that of its mother and daughters. It was only at the end of the Nineteenth Century that the alternation of parthogenesis and sexual reproduction was discovered and it took many years to put together the two forms in each species which had previously been classified as separate species.

The position of the egg must be precise if the gall is to form that will protect and nourish the larva and the females of both forms have organs, known as ovipositors, which are designed to pierce a hole in the bud and then place the egg within. These organs bear a strong similarity to the stings found in other species of wasp. The larvae grows and pupates within the gall feeding on the rich substance of the gall. The full grown insect or imagine eats a path out of the gall and emerges from it.

A fully grown oak tree contains a greater diversity of life than any other equivalent habitat. The robust, slow growing nature of the tree means that it can support many parasitic life forms. These primary parasites in turn feed a vast number of creatures further up the food chain. The gall wasp follows the same pattern and its various species are more common on oaks than on other trees. However, the rich nutrition and protection afforded by the gall is very attractive to many other insects which lay their eggs in the developing gall. As many as 30 different species have been observed to hatch from a single gall. These parasites can be divided into two types. Inquilines are usually fairly closely related to the original occupant of the gall and take maximum advantage of the gall's resources by killing the owner. Comensuals are much less closely related and though they deprive the primary parasite of some of his food supplies they do not tend to kill him.

The particular gall used in this proving was the Knopper (nut) Gall which has been common on continental Europe for a long time and which appeared in Britain this century though it is now common, especially in southern parts. The wasp places the egg precisely between the acorn and the cupule and it grows at the expense of both.

The oak is symbolically one of the most important trees. Its wood is not as tough as ash or as hard as box or as water resistant as elm but it combines these qualities in a way that no other wood, indeed no other material can. As well as providing timber, oak bark was an extremely valuable commodity used in the tanning of leather and dyeing of wool. Acorns are high in carbohydrate and fats and make an excellent fodder for pigs.

Oak galls, primarily Aleppo galls or Mecca Galls imported from Turkey contain 50 to 70% gallotannic acid and were a major source of gallic and tannic acid used in tanning and dyeing. They were also used to produce the highest quality inks which were used for keeping court records and for printing government banknotes and bonds.

Aleppo galls were known as Sodom Apples - The fruit that never comes to ripeness - The fruit so pleasant to the eye, so bitter to the taste.

Oak Apples were a part of the rituals of early summer and when Charles II returned to Britain at the Restoration on his birthday, 29th May 1660, Oak Apple Day became a celebration of royalty. Perhaps they did not see the fitting irony of celebrating the monarchy with an indolent parasite living off the bounty of the tree that symbolized Britain.

Medicinally oak galls are the most powerful of all vegetable astringents. They are used in tincture internally for dysentery, diarrhoea and cholera. Externally a gall ointment has been used to treat painful haemorrhoids and to arrest haemorrhage from the nose and gums. The dust of oak bark was considered effective against consumption, a disease that tanners were particularly immune to.

Themes of the Proving  
Flying, Floating, Blown upwards.  
Nakedness, Sexuality, Pregnancy.  
Anger, Violence, Recklessness.  
Insecurity, Ugliness, Criticized.  
Homesickness, Homelessness, Lack of Space.  
Emptiness, Old and Tired.  
Curtain, Fence, Separation.  
Ostracism and Exclusion.  
Death, Black humour.

#### Pharmacy

Knopper Oak Gall were tinctured as described in the introduction and potensized by the single vial Hahnemannian method to the thirtieth centesimal potency.

The remedy was prepared by The Helios Homœopathic Pharmacy, Tunbridge Wells, Kent.

#### Time and dates

The proving symptoms are arranged by day. The first set of symptoms were recorded 20 minutes after the remedy was taken and are listed under day one. Those recorded the day after the remedy was taken are listed under day two and so on.

## **Materia Medica**

Day One:

Mind

I felt insecure, yet I had a good mood.

Looking in the mirror I felt my gaze fixed on my breasts and my stomach - thought I was pregnant.

Empty of thoughts.

Summer feeling - everything is great.

Relaxing.

Absurd feeling.

Giggling ~ absurdity.

Images

Felt that I was one of a large string of beads, suspended in space.

Stream of light - with a black streak in it.

Saw a corridor with a black floor and white walls and I'm running along it - becomes a staircase - each stone is perfectly fitted together with no spaces between them - becomes a hill with a river flowing next to it, boats are on it.

Black painted fence.

Colours ~ changing.

Images of coloured light moving on water.

Image of porcelain soldiers.

Sensations

Heat radiating out from body.

Coldness on the surface of my entire body.

Pulling sensation in my head.

As if could not breathe.

Pulsations in whole body.

Coldness of finger tips and hands.

Coldness of back.

Pressure on chest.

I felt as if a wet mist hung over everything, surrounding nothing; sensation of emptiness in my chest.

Sensation of a cold draft on the left side of my back.

Sensation as of a band around my head.

Warm sensations in left side of my body and in my right hand.

Fire in trachea.

Feeling of emptiness, as if I was at a funeral.

Stiffness on right side of head, on the surface.

Felt that I could fly away - As if I was a balloon filled with air.

Sensation of levitation - felt as if would fly away.

My chest felt enlarged as if air was blowing into me through my sleeves; I felt blown up, as if I would be lifted up.

Sticky sensation in my throat.

Sensation of egg white on face.

I felt as if we were all under a thick blanket.

Head

Stitching pain left of head.

Hearing & Ears

Itching ears.

Stuck feeling in ears.

Pressure and warmth in right ear.

Taste and Tongue

Burning tip of tongue.

Throat

Scratching in throat.

Constriction in trachea leading to coughing.

Right sided sore throat - burning.

Scrobiculum & Stomach

Burning in stomach.

Inner Chest & Lungs

Pressure in chest. - reported by 4 separate provers.

Heart, Pulse & Circulation

Heaviness in heart with pulsations.

Sticking pain near heart.

Neck & Back

Pain in back

Temperature & Weather

Hot hands and cold draft over feet.

Day Two:

Mind

Homesickness.

Feeling relaxed and well.

Feeling grounded in certainty, stability.

Felt that I needed my own space - that I would set up my own tent.

Images

Image of a vacuum cleaner, sucking everything in. A one-way stream - right to left.

Vision of a cobweb.

Sensations

Feeling of not having a right side - no sensations.

Sensation of inner heat with coldness on skin.

Light-headed - almost vertigo.

Feeling of shapelessness.

Tickling in spots: top of cheeks and in ankles.

Energy stream from right to left.

Dreams

Many dreams unremembered.

Image of naked man, from chest up he is not visible - he is dried out by the sun; he has a dried out penis.

Dreams of flowers.

Purple colours and a sadness as of dying.

Vision of a flower garden. There is a cup with a burning candle in the centre of the garden. It is an offering for dolphins because we have damaged them. Then cobras came. Naturally I'm afraid of them. Then a cobra stood in front of me but now I had no fear. Then there came a flood, and I lost the sky and earth in the water.

Dream of being naked (used to dream of this as a child with great embarrassment) now I'm not embarrassed at all.

Blankets churning in a washing machine.

Bed sheets are circling in a drying machine. We are attempting to load in more. A draft is blowing the sheets, so we cannot not get them in. We stop the machine. I remove a duvet filled with feathers. I say therefore there is no space in the machine. Suddenly the whole room is filled with feathers. Not enough room.

The theme is of something blowing upwards - there is not enough space.

Dark curtains in my room as in a crematorium. Sadness. Death. The curtains are a separation.

Dreams of a circular, spiral or cobweb like labyrinth - and of fast movements.

I'm in a large hospital. I meet the former director whom I like. Good feeling. We were to perform a chest operation, lung.

A homeless person comes to me looking for work in exchange for accommodation. From his third eye centre (there is a hole) a white worm crawls out. I wanted to catch it but it tried to go back in and hide. The worm had a knot on it, therefore it came in and out. The man was 50-60, he had a red complexion and he talked in the manner of an alcoholic.

I'm going through a narrow corridor. I slipped and awoke.

A doctor is making a photo of the circulation of blood in a penis (Platismograph). He is in an attic consulting room - something is coming off the wall, I push it back.

I am doing backward flips in a gym - I know exactly what to do - I must jump higher until I reach the tree branches.

A circus encampment. I was making long steps like gliding. I'm drumming. I'm watched - it's funny. There is another walking behind me, trying to catch me in an elastic rope. Teasing/taunting.

Unremembered dreams.



Dream - I am putting things into rough linen sacks - the objects all have to be of one kind and the sacks always have to be full. Into one sack I put dreams. Into the last sack I put sleep. I have to fall asleep to fill the last sack.

Yellow sand desert - a few flowers. Bushes with branches covered in yellow pollen. Poor houses. We're told not to walk between the houses because of the danger of animal attack. We walk on a yellow sand track. Fear of snakes. A corpulent woman comes wearing a scarf, she has naked breasts.

Grandmother's house - lightning. Slates are falling from the neighbour's house.

I meet a patient, Mrs Gregory, (this could mean weeping) she is confused, talking to herself. I take her home.

I'm at home - I'm walking - a balloon is swaying above me, then the air comes out. I tell myself that its soul has gone away. I thought a friend had died and it was true. I watched her being prepared for her funeral.

Hearing & Ears  
Pressure in ears.

Throat  
Sharp pain in throat - urging to cough.

Cough  
Urge to cough in lungs and throat.

Sleep  
Good sleep - better than usual.

Temperature & Weather  
Warmth in hands and pulsation (holding hands).

Generals  
All night I had wandering pains of small joints.

Day Three:

Mind  
Perception of minutest details.

Empty head - clear mind but hollow.

I feel no homesickness for home & children which is unusual.

Homesickness for the first time in my life.

After eating a wave of sadness arises.

I'm not able to process any information.

Cannot connect with others - but want to.

Head blank.

I feel empty, old and tired.

Homesickness.

Images

Vision - plum blue colours.

Sensations

All day hyper-acute senses.

Sensation of emptiness.

Sensation of internal warmth with a feeling of pleasant tranquillity.

Sensation of not having hands - as if amputated.

Dream

\_I'm on a railway station at my place of birth. There are cross roads and a curving main road from the side - here there are many long haired folk on bikes. I'm also on a bike with many bags. I have my hair in waves and bows. There are three girls on bikes with long hair and banners across their chests, saying Miss, I think the hotel will be full and I'll have to sleep at my sisters. I think "NO" I shall not sleep there.

We are on a trip I stop by water. I see a naked man swimming.

I had lost my son, I was looking for him and calling him.

In a vast hotel with damp walls. I'm with a group of youngsters. They want to abuse me. They become nasty. I have to pay them - drugs, nasty, dangerous - how will I get out of it? I feel abused.

Event - I came here two days before seminar. He is a singer at underground festival. Many young people, alternative, long hair. Red lights. Looked like hell. I could not stand the music loudness, so I ran out. A crazy poet strips off showing his genitals.

Repeated dream last two nights. I'm amongst teenagers, hanging around the city. A pick-up gets into an accident. Before police come, one youth steals an important document. Police try to catch us. It takes years. After much time all are taken prisoner, but not I. I must choose whether to be caught or live in a fortified city. Beyond the city there is no-one and nothing - my choice is: I'll be alone, or I'll be imprisoned.

Can only remember small points of my dreams. (Normally I remember all my dreams).

Head

Heavy hollow head.

#### Neck & Back

Pain in the back in lumbar region.

#### Appetite, Thirst & Desires

Hunger increased.

#### Upper Limbs

Pains in small bones of left hand.

Wrist pains - difficulty driving.

#### Generals

Internal restlessness with tachicardia.

Day Four:

#### Mind

I want to force people to smile.

Desire to laugh.

Wake up with feeling "don't put your nose into this".

I get a bad feeling from seeing serious faces.

Joking - black humour.

Perverted, nonsensical, elementary school jokes and "cramped" laughter.

I feel critical and ironic.

Sexual talk - crudeness.

Lack of homesickness which is uncharacteristic.

Felt I want to go home, I'm not connecting with anyone.

Disturbances of time - feeling of slowness.

Things go too slowly.

Others are hiding things from me.

#### Sensations

Sensation of flu, of muscle fever - very cold.

Feeling of being sucked up from centre of experiencing my feelings up into my head. Numbness of heart feelings & feelings in general. I want to be grounded, not to be sucked out of myself.

Restlessness of others.

Sensation of fly on wrist - I try to rub it off.

Afternoon feeling - a heavy curtain hangs between me and others. (Cobweb sensation yesterday.)

Dream

Many pictures arising - theme: I'm very small and without sense of self-preservation. i.e. jumping from heights.

I went to a big store. It was past 5 but some departments were still open. I went to buy earring as presents. There was no attendant. Earrings were bright, lovely and cheap. "Is this a mistake" I think. I check the packages, but only bar-codes are there. I think, "it might be a sale, I'll try them all". Then I think, "it may be a cheat, but I don't care".

Dream of murder. We had adopted a gypsy girl with olive coloured skin - an adolescent from a strange background. We live in a peaceful district. While we were out a man came to visit her - he abused her, got money from her. (The abused girl killed the man). She told us nothing. One day, when we came home, a mutilated, bloody body was being taken from our home. The body had olive skin, like the girl.

A young patient is waiting for me. Then a young girl with naked breasts dressed in a hairy ram fur coat, her right breast is showing - large aureole. She is 6/7 months pregnant. She has long unkempt hair.

A man in a restaurant - he likes the food, but not the false spiritual atmosphere.

I was in a small stable for goats or donkeys, the space was very narrow, walls disordered, made of stone, damp, dirty. There was standing a goat or a donkey - it was dirty on the back - I had to wipe him with a handkerchief, but I didn't mind at all, it was quite pleasant.

I'm at a construction site; there's an old pile of rubble which can be climbed. On top is a church. At the foot of the pile are two small sheds. An old friend returns, showing me two fur coats which are stored in the sheds - one is weazle, another is an embroidered ram. A few old people also look over the coats.

Head

Blocked sensation in right side of head - cannot move it.

Teeth & Gums

Toothache with need to bite.

Appetite, Thirst & Desires

Hunger in morning (unusual).

Changed symptom no hunger in morning.

Scrobiculum & Stomach

Anticipation feeling in stomach.

Rectum & Stool

Constipation.

Urinary Organs

Urination with laughing.

Limbs

Electric shock cramps in extremities.

Upper Limbs

Pain in arms.

Cured symptom: For 2 years - numbness of fingers upon waking, now cured.

Pain in small bones of left hand.

Pain in wrists ended today.

Feeling of pain rising up over clavicles into hands.

Lower Limbs

Cured symptom pain in knees.

Pain cramping in the left calf, then tension in my left calf.

Pain in lower limbs - I fear I will not be able to walk.

Eruption of herpetic vesicles on legs.

Sleep

Sleeping 8 p.m. to 8 a.m.

Waking at 4 a.m.

Cured symptom 3-4 a.m. waking.

Tired, sleepy, heavy eyelids.

Temperature & Weather

Normally hot, now cold.

Coldness alternating with flushes of heat.

Coldness within bones.

I need four sweaters to keep warm.

Generals

Pain on right side (like muscle fever).

Restlessness with urge to walk - amelioration at night.

Day Five:

Mind

One member of the group was ostracized, being called a parasite. She did not dare even to use a pen for fear of being further ostracized.

Felt that what I said was not reaching others. They were not responding.

Felt too much surrounded by women.

Simple joy from being alive.

Easily angered - shooting forward - taking risks.

Restless.

Sleeplessness with rage - could have pulled hair from his beard.

Feeling calm, euphoric, cheerful.

Obsessed with taking pictures.

Bursting with anger, explosive, to hit out.

Awkwardness.

After four days of cheerfulness, deep in me anger was growing - I had a feeling that when the wave of it rises I will openly show it to others.

Restlessness.

Fastidiousness - wanting to put women's collars and hair into proper "order".

Personal wounds opened up (things I am dealing with).

Confusion of mind.

Dullness, worse concentration.

Feeling disturbed - something extra - I'm a different person.

Forgetting proper names.

Using wrong words.

I drive with great risk, overtaking a full line of cars. Cold, calculated risk.

Explosive anger.

Time - dragging or rushing.

Sensations

Sensations of relaxation, pleasant, calm, cheerful.

Felt that the curtain which had surrounded me, entered me.

Feel heavy, behind a curtain.

Feeling unbalanced.

Sensation as if brain was shrinking and separation from skull.

A force from inside my head is pushing it to the right, then forward, then back. (Never to the left).

Awoke with feeling of a blow to the back of my neck.

Felt I was standing at the edge of an abyss.

Dreams

Dreams about means of transport - someone came by plane, right to the seminar.

Figure 46 and name Zina. We are in a sunny garden. I am a child. There is a garden shed. Parents, sister and colleague are sitting in the edge of their chairs. There is a ditch. A fat snake, 2.5 meters. I scare him off into his underground hole. Next to my sister there is a second snake. It pulls back. My sister strokes the snake's head saying "You are beautiful". It licks her neck.

Apart from our world, in which we live, there existed another world. It seemed to me as if it were underground. Dark colours. Cold and strict. I was not afraid. They claimed that we belonged to this cold underworld and that we should return there voluntarily. I did not want to go because I did not belong. I felt relaxed because I do know where I do belong.

I am a doctor working in a small consulting room. A man & his girlfriend come in. He has stomach problems, but talks about other things. I am dressed only in my underwear. Breasts naked. During consultation my sex is showing. Then I realize that I still have my overcoat. Then they stand before me naked. I perceive them as naked bodies, one male, one female, heads are foggy. The bodies have no sexual signs. She has a pink/blue tattoo.

Dream about a deep valley, in it there are black skulls, which later turn out to be stones.

Dreams of moving and repeated changes.

Poster of a singer, from a time when she was slimmer. She has most revealing underwear - almost nothing.

I'm pregnant, my belly is big. I have a feeling of satisfaction. My brother in law holds me around the shoulders. Then my husband does. It is explained that he is the real father. They want to carry out

tests, and we hide amongst small hills. No fear, only fun. Finally we crawl out and carry out the test.

Nightmare: In car with unknown driver and a friend (ex-Marine). The driver continuously increase the speed of the car, I say to my friend "we must stop him or we will all be killed".

Dream of taking photos at an animal show. I am stroking the fur of a large dog. Feeling, you cannot stop the show to "take" a memory of it.

A man is brick-laying a wall, he says, "now, no-one will get in". But the wall is not effective.

A man tries to persuade me to rob a ground floor library. I don't mind, but why a library? We have a wheelbarrow which we have to use in a narrow corridor.

Of tourists in a strange city. I lead them to a place I know. There is a deformed glass door.

My car degenerates, its wheel changes, like a faded flower, and cannot be replaced, likewise the tyres. With many people. I find a purse with tickets for food in it.

Dreams unremembered.

Dreams: I am flying paper birds over a big tree, two of us throwing to each other. We are on the side of a street. There is a ditch. Cars pass at huge speed. We enjoy ourselves. We are at a hairdresser. I know that they want our custom. I decide on a trick since I don't want a haircut: I'll ask for a shampoo which they do not have. I walk along a corridor which is cramped and unfinished inside. Three women are sitting there with foam on their head. I don't like it and leave. As I do so I touch some foam and wipe it off.

We go to a pub. Houses are small. We enter through a narrow corridor. It's unfinished. There is building work in the corridor, we have to squeeze past.

Sensorium

Vertigo - cannot regain my proper position.

Head

Pressure in the head.

Hearing & Ears

Diminished hearing.

Stitching deep in right ear.

Smell & Nose

Increased sensitivity to smell and all senses in general.

Sensitive to smells of flowers, to lilies.

Throat

Burning in throat, constantly.



Appetite, Thirst & Desires  
Hunger greatly increased.

Desire for beer.

Desire for beer and cigarettes.

Desire for cold beer.

Male Sexual Organs  
Extreme sensitivity of glans of penis.

Respiration  
Cannot breathe - sensation of airlessness.

Inner Chest & Lungs  
Warmth in chest.

Heaviness of chest.

Pressure in chest (worse on 2nd day) in evening, lying in bed.

Chest oppression.

Heaviness of chest.

Each inspiration is as if under a heavy load.

Heart, Pulse & Circulation  
Constriction of my heart.

Pressure pain, left of heart area, at the top, on inspiration.

Outer Chest  
Chest perspiration.

Stitching pain in right breast (return of old symptom).

Neck & Back  
Stiffness on right side of neck.

Stiffness of thoracic spine.

Upper Limbs  
Weakness & shivering from elbows to fingers.

Lower Limbs  
Terrible stiffness in right leg.

Painful night cramps in calves (2 nights).

Stiffness of leg - could not walk.

Sleep

Sleepy at lunch time.

Tiredness at 3.30 p.m.

Waking at 4.30 a.m.

Time

Worse 11 - 5 p.m.

Temperature & Weather

Cold showers and cold drinks and cold beer all ameliorate. (Unusual)

Pleasant warmth in middle lower chest and whole body.

No longer chilly.

Perspiration

New symptom Perspiration under breast and chest.

Skin

Itching.

Generals

Stitching pains or dull pains.

Pain in ears, eyes, kidneys.

Weakness.

Empty headed tiredness.

Day Six:

Mind

Could not stand people around me.

Give me a break - horrible state.

Felt that I did not have the right to be with others. I feel that I'm sucking them out. Throwing my dirt at them.

"We want to take, and not to give".

I was asked to leave the communal tent, I feel deeply hurt.

Making mistakes in writing, writing y instead of i; leaving out e.

They perceive me as a user of people - do things to get what I need at their expense. I'm a parasite.

Felt that I hated all people and also myself.

#### Sensations

Anger - I feel that we are all under the "blanket" of this proving state.

#### Hearing & Ears

Could not hear what my friend was saying.

#### Appetite, Thirst & Desires

Ameliorated - beer.

Ameliorated - cold drinks.

#### Female Sexual Organs

Bleeding between menses.

Tearing pains in uterus.

Dark blood, little and often.

#### Temperature & Weather

Ameliorated - cold showers.

#### Generals

Anticipation, anxiety, chill, shivery, diarrhoea.

### Repertory

#### MIND

- MIND - ANGER 1
- MIND - ANGER - bursting with 1
- MIND - ANGER - easily 1
- MIND - ANGER - sudden 1
- MIND - ANXIETY 1
- MIND - ANXIETY - anticipation; from 1
- MIND - APHASIA 1
- MIND - AUDACITY 1
- MIND - AWARENESS heightened 1
- MIND - AWKWARD 1
- MIND - CENSORIOUS 1
- MIND - CHEERFUL 1
- MIND - COMPANY - aversion to 1
- MIND - COMPANY - aversion to - sight of people; avoids the 1
- MIND - COMPANY - aversion to - women; the company of 1

- MIND - COMPANY - desire for 1
- MIND - CONCENTRATION - difficult 1
- MIND - CONFIDENCE - want of self-confidence 1
- MIND - CONFIDENCE - want of self-confidence - good, yet feels 1
- MIND - CONFUSION of mind 1
- MIND - CONFUSION of mind - concentrate the mind, on attempting to 1
- MIND - COURAGEOUS 1
- MIND - CYNICAL 1
- MIND - DEATH - thoughts of 1
- MIND - DELUSIONS - abyss - standing at the edge of an abyss, he is 1
- MIND - DELUSIONS - beads - she was one of a long string of beads suspended in space 1
- MIND - DELUSIONS - blanket, under a thick 1
- MIND - DELUSIONS - body - lighter than air; body is 1
- MIND - DELUSIONS - body - shapeless, is 1
- MIND - DELUSIONS - clouds - black cloud enveloped her; a heavy 1
- MIND - DELUSIONS - cobwebs, sees 1
- MIND - DELUSIONS - connected, is - desires to be 1
- MIND - DELUSIONS - connected, is - not 1
- MIND - DELUSIONS - contaminates everything she touches 1
- MIND - DELUSIONS - curtain - heavy curtain hangs between her and others 2
- MIND - DELUSIONS - enlarged - chest is 1
- MIND - DELUSIONS - fence - image of a black painted fence 1
- MIND - DELUSIONS - floating - air, in 1
- MIND - DELUSIONS - floating - air, in - balloon, like a 1
- MIND - DELUSIONS - flying 1
- MIND - DELUSIONS - flying - would flay away; as if he 1
- MIND - DELUSIONS - hand - amputated, she has no hands as if 1
- MIND - DELUSIONS - hated; by others 1
- MIND - DELUSIONS - hollow - chest is empty 1
- MIND - DELUSIONS - mist - wet mist hung over everything 1
- MIND - DELUSIONS - numb; being 1
- MIND - DELUSIONS - ostracised, she is 1
- MIND - DELUSIONS - parasite, she is 1
- MIND - DELUSIONS - pregnant, she is 1
- MIND - DELUSIONS - pregnant, she is - mirror; on looking in a 1
- MIND - DELUSIONS - separated - world, from the - he is separated 1
- MIND - DELUSIONS - shapeless, he is 1
- MIND - DELUSIONS - side - right side - she does not have 1
- MIND - DELUSIONS - stairs of stones fitting perfectly together 1
- MIND - DELUSIONS - stream - energy stream from right to left 1
- MIND - DELUSIONS - sucked up; she is being 1
- MIND - DELUSIONS - sucking people dry; she is 1
- MIND - DELUSIONS - suffocating; as if 1
- MIND - DELUSIONS - suffocating; as if - chest is blown up with air 1
- MIND - DELUSIONS - women - surrounded by women, he is too much 1
- MIND - DRIVING - fast - reckless and indifferent to consequences 1
- MIND - DULLNESS 1

- MIND - ECSTASY 1
- MIND - EUPHORIA 1
- MIND - EXHILARATION 1
- MIND - FASTIDIOUS 1
- MIND - FASTIDIOUS - personal appearance, about - others, of 1
- MIND - FEAR - infection, of 1
- MIND - FOOLISH behaviour 1
- MIND - FORSAKEN feeling - isolation, sensation of 1
- MIND - GIGGLING 1
- MIND - HATRED 1
- MIND - HATRED - humankind; of 1
- MIND - HEAVINESS, sensation of 1
- MIND - HOME - desires to go 1
- MIND - HOMESICKNESS 2
- MIND - INDIFFERENCE, apathy 1
- MIND - JESTING 1
- MIND - JESTING - black humor 1
- MIND - JESTING - erotic 1
- MIND - LAUGHING - desire to laugh 1
- MIND - LOATHING - oneself, at 1
- MIND - MISANTHROPY 1
- MIND - MISTAKES; making - names, in 1
- MIND - MISTAKES; making - speaking, in - words - wrong words; using 1
- MIND - MISTAKES; making - writing, in 1
- MIND - MISTAKES; making - writing, in - omitting - letters 1
- MIND - MISTAKES; making - writing, in - wrong - letters, figures 1
- MIND - MONOMANIA 1
- MIND - MONOMANIA - photographs, taking 1
- MIND - RAGE, fury 1
- MIND - RASH 1
- MIND - RESTLESSNESS 1
- MIND - SADNESS - eating - after 1
- MIND - SECRETIVE 1
- MIND - SENSES - acute 1
- MIND - SENSES - acute - detail; to minutest 1
- MIND - SENSES - dull, blunted 1
- MIND - SENSITIVE (= oversensitive) 1
- MIND - SLOWNESS 1
- MIND - SLOWNESS - everybody else moves too fast 1
- MIND - SMILING - force people to smile, wants to 1
- MIND - SUSPICIOUS 1
- MIND - SUSPICIOUS - hiding things from him; people are 1
- MIND - SUSPICIOUS - plotting against him, people are 1
- MIND - THOUGHTS - vacancy of 1
- MIND - THOUGHTS - vanishing of 1
- MIND - TIME - quickly, appears shorter; passes too 1
- MIND - TIME - slowly, appears longer; passes too 1

- MIND - TIMIDITY 1
- MIND - TRANQUILLITY, serenity, calmness 1
- MIND - TRANQUILLITY, serenity, calmness - warmth; with inner 1
- MIND - UNFEELING, hardhearted 1
- MIND - UNREAL - everything seems 1

## Physicals

### VERTIGO

- VERTIGO 1

### HEAD

- HEAD - CONSTRICTION - band or hoop 1
- HEAD - EMPTY, hollow sensation 1
- HEAD - FULLNESS - Side - right 1
- HEAD - HEAVINESS 1
- HEAD - MOTIONS of head - difficult 1
- HEAD - PAIN - blows, as from 1
- HEAD - PAIN - blows, as from - waking, on 1
- HEAD - PAIN - pulling, like 1
- HEAD - PAIN - stitching 1
- HEAD - PAIN - stitching - Sides - left 1
- HEAD - PUSHED - forward, backward and to the right but never to the left 1
- HEAD - SEPARATED - brain from skull were; as if 1
- HEAD - STIFFNESS, sensation of 1
- HEAD - STIFFNESS, sensation of - surface, on 1

### EYE

- EYE - HEAVINESS - Lids 1
- EYE - PAIN 1

### VISION

- VISION - ACUTE 1
- VISION - COLORS before the eyes - black - stripes 1
- VISION - COLORS before the eyes - blue 1
- VISION - COLORS before the eyes - changing 1
- VISION - COLORS before the eyes - variegated 1
- VISION - COLORS before the eyes - white - stream of light with a black streak in it 1

### EAR

- EAR - FULLNESS, sensation of 1
- EAR - FULLNESS, sensation of - right 1
- EAR - ITCHING - Meatus 1
- EAR - PAIN - stitching - right 1
- EAR - STOPPED sensation 1
- EAR - WARMTH; sensation of 1
- EAR - WARMTH; sensation of - right 1

## HEARING

- HEARING - IMPAIRED 1

## NOSE

- NOSE - SMELL - acute (= sensitive to odors) 1
- NOSE - SMELL - acute - flowers 1

## FACE

- FACE - ITCHING - Cheeks 1
- FACE - TENSION of skin - egg white were dried on the face; as if 1

## MOUTH

- MOUTH - PAIN - burning - Tongue - tip 1

## TEETH

- TEETH - PAIN (= toothache in general) 1
- TEETH - PAIN - biting - teeth together - amel. 1

## THROAT

- THROAT - ADHESIVE, sticky as if 1
- THROAT - PAIN - right 1
- THROAT - PAIN - sharp, as from something 1
- THROAT - PAIN - burning 1
- THROAT - SCRATCHING 1

## STOMACH

- STOMACH - ANXIETY 1
- STOMACH - APPETITE - increased (= hunger) 1
- STOMACH - APPETITE - increased - morning 1
- STOMACH - APPETITE - ravenous (= canine hunger / excessive appetite) 1
- STOMACH - APPETITE - wanting - morning 1
- STOMACH - PAIN - burning 1

## RECTUM

- RECTUM - CONSTIPATION 1
- RECTUM - DIARRHEA 1

## BLADDER

- BLADDER - URINATION - involuntary 1
- BLADDER - URINATION - involuntary - laughing 1

## KIDNEYS

- KIDNEYS - PAIN 1

## MALE

- MALE GENITALIA/SEX - SENSITIVENESS - Penis - glans 1

## FEMALE

- FEMALE GENITALIA/SEX - MENSES - dark 1
- FEMALE GENITALIA/SEX - METRORRHAGIA - menses - between 1
- FEMALE GENITALIA/SEX - PAIN - tearing - Uterus 1

#### LARYNX

- LARYNX AND TRACHEA - CONSTRICTION - Trachea 1
- LARYNX AND TRACHEA - PAIN - burning - Trachea 1

#### RESPIRATION

- RESPIRATION - DIFFICULT 1

#### COUGH

- COUGH - COUGH in general 1
- COUGH - CONSTRICTION - Trachea, from 1

#### CHEST

- CHEST - CONSTRICTION - Heart 1
- CHEST - EMPTINESS, sensation of 1
- CHEST - ENLARGED, sensation as if 1
- CHEST - OPPRESSION 2
- CHEST - OPPRESSION - evening - bed, in 1
- CHEST - OPPRESSION - inspiration - on 1
- CHEST - OPPRESSION - Heart 1
- CHEST - PAIN - Clavicle - extending to - hand 1
- CHEST - PAIN - Heart 1
- CHEST - PAIN - Heart - inspiration - during 1
- CHEST - PAIN - sticking - Heart 1
- CHEST - PAIN - stitching - Mammae 1
- CHEST - PALPITATION of heart 1
- CHEST - PERSPIRATION 1
- CHEST - PERSPIRATION - Mammae - under 1
- CHEST - WARMTH, sensation of 1

#### BACK

- BACK - BLOW; sensation as from a - Cervical region - waking, on 1
- BACK - COLDNESS 1
- BACK - COLDNESS - left side of back 1
- BACK - PAIN 1
- BACK - PAIN - Lumbar region 1
- BACK - STIFFNESS - Cervical region - right 1
- BACK - STIFFNESS - Dorsal region 1

#### EXTREMITIES

- EXTREMITIES - COLDNESS 1
- EXTREMITIES - COLDNESS - Hands 1
- EXTREMITIES - COLDNESS - Fingers - tips 1
- EXTREMITIES - ERUPTIONS - Lower limbs - vesicles 1
- EXTREMITIES - FORMICATION - Wrist 1



- EXTREMITIES - FORMICATION - Wrist - flies; as if from 1
- EXTREMITIES - HEAT - Hand 1
- EXTREMITIES - HEAT - Hand - right 1
- EXTREMITIES - HEAT - Hand - coldness - feet, of 1
- EXTREMITIES - ITCHING - Ankle 1
- EXTREMITIES - ITCHING - Ankle - spots 1
- EXTREMITIES - NUMBNESS - Fingers - morning - waking, on 1
- EXTREMITIES - PAIN - Upper limbs 1
- EXTREMITIES - PAIN - Wrist 1
- EXTREMITIES - PAIN - Hand - left 1
- EXTREMITIES - PAIN - Hand - bones 1
- EXTREMITIES - PAIN - Hand - bones - left 1
- EXTREMITIES - PAIN - Lower limbs 1
- EXTREMITIES - PAIN - cramping 1
- EXTREMITIES - PAIN - cramping - Leg - calf 1
- EXTREMITIES - PULSATION - Hand 1
- EXTREMITIES - SHOCKS 1
- EXTREMITIES - STIFFNESS - Lower limbs 1
- EXTREMITIES - STIFFNESS - Lower limbs - right 1
- EXTREMITIES - WEAKNESS - Forearm 1
- EXTREMITIES - WEAKNESS - Hand 1

#### SLEEP

- SLEEP - PROLONGED 1
- SLEEP - SLEEPINESS 1
- SLEEP - SLEEPINESS - noon 1
- SLEEP - SLEEPINESS - afternoon 1
- SLEEP - SLEEPINESS - afternoon - 15.30 h 1
- SLEEP - SLEEPINESS - afternoon - 16.30 h 1
- SLEEP - SLEEPLESSNESS - anger, after 1
- SLEEP - WAKING - night - midnight - after - 3 h - 3-4 h 1
- SLEEP - WAKING - night - midnight - after - 4 h 1

#### CHILL

- CHILL - INTERNAL - coldness - bones; as if in the 1

#### SKIN

- SKIN - COLDNESS 1
- SKIN - COLDNESS - sensation of 1
- SKIN - FORMICATION - flies; as if from 1
- SKIN - ITCHING 1
- SKIN - ITCHING - spots 1

#### DREAMS

- DREAMS - ANIMALS 1
- DREAMS - ANIMALS - dangerous 1
- DREAMS - ANIMALS - dirty 1

- DREAMS - BALLOONS 1
- DREAMS - BELONGING - she knows where she belongs 1
- DREAMS - BODY; PARTS OF - breasts - naked 1
- DREAMS - BODY; PARTS OF - face - worm climbing out of the forehead 1
- DREAMS - BODY; PARTS OF - penis 1
- DREAMS - BODY; PARTS OF - penis - shriveled 1
- DREAMS - CANDLES 1
- DREAMS - CHILDREN; about - lost 1
- DREAMS - CHURCHES - rubble, on a pile of 1
- DREAMS - CIRCUS 1
- DREAMS - CLOTHES - underwear 1
- DREAMS - COBWEBS 1
- DREAMS - COLORED - purple 1
- DREAMS - COLORED - yellow 1
- DREAMS - CORRIDORS 1
- DREAMS - CORRIDORS - narrow 1
- DREAMS - CURTAINS 1
- DREAMS - CURTAINS - blowing upwards 1
- DREAMS - CURTAINS - dark 1
- DREAMS - CURTAINS - separation, making a 1
- DREAMS - DANGER 1
- DREAMS - DANGER - animals, from 1
- DREAMS - DANGER - sense of danger lacking 1
- DREAMS - DANGER - threatened by gang of teenaged drug abusers 1
- DREAMS - DEATH 1
- DREAMS - DIRT 1
- DREAMS - DRIVING - car; a - fast 1
- DREAMS - FEATHER - room filled with feathers 1
- DREAMS - FENCES - black 1
- DREAMS - FENCES - walls and 1
- DREAMS - FLOOD 1
- DREAMS - FLOWERS 1
- DREAMS - FUNERALS 1
- DREAMS - FUR coats 1
- DREAMS - GYMNASTIC exercises; he is performing 1
- DREAMS - HOMELESS
- DREAMS - HOMELESS - looking for accommodation 1
- DREAMS - HOSPITALS 1
- DREAMS - HOTELS - no room at the hotel 1
- DREAMS - JOURNEYS 1
- DREAMS - JUMPING - leaps; great 1
- DREAMS - LABYRINTH - circular with fast movements 1
- DREAMS - MOVING; of 1
- DREAMS - MURDER 1
- DREAMS - MUSIC - drumming 1
- DREAMS - NAKEDNESS 1
- DREAMS - NAKED people 1

- DREAMS - NAKED people - man with dried up penis 1
- DREAMS - PHOTOGRAPHS, taking 1
- DREAMS - PLACES - damp, dirty and narrow 1
- DREAMS - PREGNANT, being 1
- DREAMS - PURSUED, being - police; by 1
- DREAMS - ROBBERS 1
- DREAMS - ROBBING - library, a 1
- DREAMS - ROOM - not enough 1
- DREAMS - SACKS - putting things all of one kind in sacks 1
- DREAMS - SAD 1
- DREAMS - SHEETS - circling in a drying machine 1
- DREAMS - SMALL, she is 1
- DREAMS - SNAKES 1
- DREAMS - SNAKES - fear, without 1
- DREAMS - SOLDIER - porcelain 1
- DREAMS - SPIRALS 1
- DREAMS - SPIRALS - moving 1
- DREAMS - STABLES 1
- DREAMS - STAIRS 1
- DREAMS - STREAM - everything moving in a stream from right to left 1
- DREAMS - SWIMMING 1
- DREAMS - UNREMEMBERED 1
- DREAMS - UNSUCCESSFUL EFFORTS 1
- DREAMS - WATER - rivers 1
- DREAMS - WORLD - dark and cold, another world that is 1

#### GENERALS

- GENERALS - ANALGESIA 1
- GENERALS - BATHING - cold bathing - amel. 1
- GENERALS - COLD - feeling - Bones 1
- GENERALS - FOOD and DRINKS - beer - desire 1
- GENERALS - FOOD and DRINKS - beer - desire - cold beer 1
- GENERALS - FOOD and DRINKS - cold drink, cold water - amel. 1
- GENERALS - HEAT - flushes of 1
- GENERALS - HEAT - flushes of - alternating with - chills 1
- GENERALS - HEAT - lack of vital heat 1
- GENERALS - HEAT - sensation of 1
- GENERALS - HEAT - sensation of - left side 1
- GENERALS - HEAT - sensation of - internal heat with external coldness 1
- GENERALS - NUMBNESS - internally 1
- GENERALS - PAIN - right side of body 1
- GENERALS - PAIN - wandering - joints, in 1
- GENERALS - PAIN - Muscles, of 1
- GENERALS - PAIN - stitching 1
- GENERALS - PULSATION - internally 1
- GENERALS - RESTLESSNESS 1
- GENERALS - RESTLESSNESS - night - amel. 1

- GENERALS - SIDE - right - then left side 1
- GENERALS - TOBACCO - desire for tobacco 1
- GENERALS - WEAKNESS 1

### **Cured Cases**

In order to fully understand this remedy and to make it fully useful in practice it is vital that cured cases are reported and published. If you have any cured cases please let the homoeopathic community know about them.

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